

Insecure Attachment Symptoms

A child with attachment issues would have little:

- Joy, humor
- Reciprocal enjoyment (fun, love)
- Eye contact
- Selective attachment
 - Indiscriminately charming
- Empathy
- Guilt/Remorse
- Emotional communication
- Inner-state language
- Cause and effect thinking
- Awareness of bodily functions
- Appropriate physical boundaries
- Continuing sense of self across various experiences and moods

The above symptoms could be categorized as a lack of a minimal amount of affective attunement.

This child might have or be:

- An excessive need to control
- Oppositional defiant behaviors
- Intense negative affect -
 - Rage, terror, despair
- Hurting others and self -
 - Emotional and physical
- Poor response to discipline, frustration, responsibility
- Lies, excuses, blaming
- Good/bad splitting
- Sense of entitlement, demanding
- Victimhood identity
- Destructive, stealing, hoarding
- Manipulative affect and behavior
- Dissociation
- Hypervigilance
- Avoidance of specific thoughts/feelings/behaviors

The above symptoms could be categorized as reflective of pervasive fear and shame

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